

א"ק

A"K

Adam Kadmon - Initials

אבא

Abah

Partzuf Abah – Father

One of the five main configurations. It is the *Sephira 'Hokhma*.

אבא ואמא

Abah ve Imah

Partzufim Abah and Imah

These two *Partzufim (configurations)* are essential for the guidance of the worlds, *Abah* is the *Sephira 'Hokhma*, *Imah* is the *Sephira Binah*.

אבחנה

Av'hana

Distinction – Insight

Understanding of the deeper meaning or Kabbalistic interpretation.

אבר

Ever

Organ – Limb (Anthropomorphism)

In the language of Kabbalah, anthropomorphisms are used only to illustrate the esoteric power of these forces. It is, of course, understood that they are no physical representations of what resides in the higher realms.

אדם קדמון

Adam Kadmon

Primordial man - World above Atsilut

This is the first configuration, or the first world where the emanated lights were formed into ten straight *Sephirot*.

אדני-י

Adona-y

One of the names of G-od, represented by the *Sephira Malkhut*. It is also the feminine representation of His presence.

אהי-ה

AHY-H

One of the names of G-od, represented by the *Sephira Keter*.

אור

Or

Light

The term used to describe an emanation, a force or energy.

אחור

A'hor

Backside – Behind

In general, it represents rigor.

אחר

A'her

Other

Name also used for the other side or negative force.

אילן

Ilan

Tree

The disposition of the *Sephirot* into the three-pillar arrangement is called the *Sephirotic tree*.

אין סוף

Ein Sof

The without end or limit – Infinite

One of the names of G-od.

The Name of G-od that is the most used in the Kabbalah.

אלוה-ים

Elohi-m

One of the names of G-od, represented by the *Sephira Gevurah*. In general, it denotes rigor in the actions of G-od.

אמא

Imah

Partzuf Imah - Mother

One of the five main configurations. It is the *Sephira Binah*.

אצילות

Atsilut

World of Emanation

It is the highest of the four worlds, above the worlds of *Beriah*, *Yetsirah* and *'Asiah*. From *Atsilut* unfolded all the lower worlds, which are the source of existence for the physical worlds.

אצילות בריאה יצירה עשייה

Atsilut, Beriah, Yetsirah and 'Asiah

From the first configuration, *Adam Kadmon* (*Primordial man*), emanations made the four lower worlds.

The first world is *Atsilut* – the world of emanation. Under the partition of *Atsilut* is the world of *Beriah* (creation) - the world of the *Neshamot* (souls). Under the partition of *Beriah* is the world of *Yetsirah* (formation) - the world of the angels. Under the partition of *Yetsirah* is the world of *'Asiah* (action) - the physical world.

ארי ז"ל

Ari Z'al

Rabbi Its'hak Luria Ashkenazi

Born in Jerusalem in 1534, died in 1572 in Tsfat, Israel.

He was the leading Kabbalist in Tsfat. He explained and clarified all the main concepts of the Kabbalah. He is the author of the "*Ets 'Haim*".

אריך אנפין

Arikh Anpin

Partsuf – Long countenance

It is the main *Partsuf* (configuration) in each world. All the other *Partsufim* are his "branches".

אתב"ש

ATBaSH

Permutation of letters to understand hidden meanings of words. First letter replaced by the last, second by the one before the last etc.

ב"ן

BaN (52)

Miluy (spelling) of the name י-ה-ו-ה with a total of 52

It corresponds to the feminine aspect - rigor.

בינה

Binah

Sephira (understanding)

Third of the *Sephirot*.

ברוך הוא

Barukh Hu, or B'H

Blessed He is

Used after the pronunciation or writing of G-od's names.

בריאה

Beriah

World of creation – of the souls

The second world to unfold is called *Beriah*; the world of creation. It is the world of the *Neshamot* (souls). It is under *Atsilut* and above *Yetsirah* and *'Asiah*.

בר יוחאי

Bar Yo'hay

Rabbi Shim'on Bar Yo'hay

To escape the Romans, he went into hiding with his son Rabbi El'azar into a cave for thirteen years and composed the *Zohar*.

ברכה

Berakhah

Blessing

When saying the blessing with the Kabbalistic meditation on the appropriate words or names, we act and participate directly on the *Tikun* (repair) of the thing being blessed.

ג' ראשונות

Shalosh Rishonot

The three first Sephirot

Keter, 'Hokhma, Binah

ג"ר

G"aR

The three first Sephirot

Keter, 'Hokhma, Binah

גבול

Gevul

Boundary – Limit

By placing boundaries upon His light, the Creator revealed the concepts of rigor and limit needed by the created beings, and gave a space for all the created to exist.

גבורה

Gevurah

Rigor

The outcome of His light, once filtered by the *Sephira Gevurah*, emanates rigor. Rigor is mostly manifested by all the feminine aspects as the name of *Ba'N (52)*, the *Sephira Gevurah*, and by all the concealments of the masculine aspects that represent bounty.

גבורה

Gevurah

Sephira (Rigor)

Fifth of the *Sephirot*.

גימטריה

Gematria

Numerical values of the letters

Each letter has its own numerical value. The fact that some words have the same numerical value is not just coincidence, but denotes a similarity or complementarity.

גלגול

Gilgul

Reincarnation

The *Tikun* of the soul is realized by the *Gilgul* (reincarnation), and by the *'Ibur* (attachment). The *Gilgul* is the reincarnation of a soul from the time of birth until death.

גן עדן

Gan 'Eden

The Garden of Eden

The place of rest for the *Neshamot* (souls) after their separation from their former physical bodies. There is a lower and a higher *Gan 'Eden*.

גן עדן עליון

Gan 'Eden 'Elyon

The upper Garden of Eden

In the higher *Gan 'Eden*, the *Neshamot* (souls) are enjoying pure spiritual

pleasures, and do not have any spiritual image resembling their former bodies.

גן עדן תחתון

Gan' Eden Takhton

The lower Garden of Eden

In the lower *Gan 'Eden*, the *Neshamot* (souls) are enjoying spiritual pleasures but still have a spiritual body resembling their former bodies.

גשמיות

Gashmiut

Corporeality

Potential existence for separated entities became possible only once distanced from the intensity of His light. The greater the distance the more corporality is possible.

דו"ן

D"uN

Masculine and feminine

Initials

דוכרין ונוקבין

Dukhrin Ve Nukvin

Masculine and feminine

See *Mayin Dukhrin, Mayin Nukvin*

דומם, צומח, חי, מדבר

Domem, Tsomeakh, 'Hay, Medaber

Mineral, vegetal, animal and the speaking

Parallel to the four worlds of *Atsilut, Beriah, Yetzirah* and *'Asiah*, there are four types of existence in our world: mineral, vegetal, animal and the speaking.

דעת

Da'at

Sephira (Knowledge)

Fourth of the *Sephirot*.

דעת

Da'at

Knowledge

The essential knowledge is the one of the will of the Creator and His ways of guidance in this existence, as explained in the Kabbalah.

הארה

Hearah

Illumination

Special outburst of a light for a specific purpose.

הוד

Hod

Sephira – Glory

Eighth of the *Sephirot*.

הוי"ה

HaVaYaH

One of the ways of mentioning the Tetragamon

יהוה without pronouncing it.

היכל

Hekhal

Portal – Level

The *Hekhalot* are the different levels of ascension of the prayers before reaching the 'Olam Atsilut during the *Amidah*.

הנהגה

Hanhagah

Guidance

The guidance of the worlds is done through the influence of the different *Sephirot* and *Partzufim* (*configurations*).

הרחקה

Har'hakah

Distancing

Distance denotes a contrary or a non compatibility.

Potential for existence for separated entities became possible only once distanced from the intensity of His light.

השגה

Hasagah

Attainment – Comprehension

To reach a higher level of understanding or comprehension, one has to make the effort of studying the *Sod* (secret) of the Torah, which is the Kabbalah.

השתלשלות

Hishtalshelut

Evolution - Chain of events

In the Kabbalah, the *Hishtalshelut* is the chain of events starting from the first act of G-od in this creation, which is the “*Tsimtsum*” (*retraction*), until the complex arrangements that make the guidance of the worlds.

ז' מלכים

Sheva' Malkhin

Seven kings

The seven kings of Edom that died (Bereshit, 36, 31) correspond to the seven lower *Sephirot* that broke during the *Shvirat HaKelim* (breaking of the vessels).

ז"א

Z'A

Zeir Anpin (Small countenance)

Initials of configuration *Zeir Anpin*, used more often than the full name.

See *Zeir Anpin*

ז"ת

Za”T

Zain Takhtonot

Seven lower *Sephirot*

זו"ן

Z”UN

Zeir Anpin and Nukva

Initials of configuration *Zeir Anpin and Nukva*, used more often than the full names.

זוהר

Zohar

The book of splendor, written by Rabbi Shim'on Bar Yo'hay.

The *Zohar* is the esoteric and mystical explanation of the Torah, and the base for most of the Kabbalah writings.

זיו

Ziv

Radiance – Illumination

A superior light will radiate to a lower one to influence it, or to create a new emanation.

זיווג

Zivug

Union

The *Zivug* is the union of the masculine with its feminine. All the outcomes of the higher emanations are a result of the different unions of the masculine and feminine lights.

זין תחתונות

Zayin Takhtonot

Seven lower

The seven lower *Sephirot*:

'Hesed, Gevurah, Tiferet, Netsa'h, Hod, Yesod, and Malkhut.

זכר

Zakhar

Masculine

There are masculine *Partzufim* that bestow kindness, and feminine *Partzufim* that bestow rigor. By their union, different equilibriums of these two forces (kindness and rigor), make the guidance.

זעיר אנפין

Zeir Anpin

Partzuf Zeir Anpin - Small countenance

Configuration *Zeir Anpin* (Z'A) is composed of the six lower *Sephirot*: *'Hesed, Gevurah, Tiferet, Netsa'h, Hod, Yesod.*

חבד

'HaBaD

'Hokhma, Binah and Da'at

Initials of the first triplet of the *Sephirot*: *'Hokhma, Binah and Da'at.*

חגת

'HaGaT

'Hesed, Gevurah and Tiferet

Initials of the second triplet of the *Sephirot*: *'Hesed, Gevurah, and Tiferet.*

חומר

'Homer

Material – Physical

Materiality is only found in the lower world of *'Asiah* – action.

חוץ

'Huts

Outside

Denotes a position of non-compatibility or a contrary.

חושך

'Hoshekh

Darkness

State of distance from the *Kedushah* and closeness to the *Sitra A'hra* (negative side).

חיבור

'Hibur

Attachment

All the *Sephirot* and *Partzufim* have a certain degree of attachment between them.

חיה

'Haya

Fourth level of the soul

'Haya is the fourth level and can only be acquired after the preceding levels.

חיות

'Hayut

Livelihood

The livelihood of everything, whether positive or negative, has only one origin; G-d the Creator and sustainer of all.

חיצוניות

'Hitsoniut

Exteriority (The)

The external or negative force – *Sitra A'hra* is also called exteriority.

חכמה

'Hokhma

Sephira – Wisdom

Second of the *Sephirot*.

חכמת האמת

'Hokhmat HaEmet

Knowledge of the truth

One of the names of the Kabbalah.

חלל

'Hallal

Space – Vacuum

The space left by the *Tsimtsum* (retraction) of His light.

חסד

'Hesed

Bounty – Kindness

Kindness is manifested by the different positioning and interactions of the masculine and feminine *Partzufim*.

חסד

'Hesed

Sephira (Bounty)

Fourth of the *Sephirot*.

חסד, גבורה, תפארת

'Hesed, Gevurah and Tiferet

Second triplet of the *Sephirot*.

טמא

Tameh

Impure

State of distance from the *Kedushah* and closeness to the *Sitra A'hra* (negative force).

יהוה

Adona-y

Y-H-V-H Tetragamon (יהוה)

Main name of G-od, reveals kindness and mercy, represented by the *Sephira Tiferet*. The creative forces or energies are the different powers in the letters of the name of G-od יהוה, and the various letters added to make their different spellings.

יום

Yom

Day

Each new day is of a new emanation that governs it.

יחוד

Yi'hud

Unification – Union

The union of the *Sephirot* or *Partzufim* for the *Zivug* and for the descent of the abundance.

יחודו

Yi'hudo

His unicity

The light of G-od is unique, of equal force, quality and beyond all description.

יחידה

Ye'hida

Fifth level of the soul

Ye'hida is the fifth level and can only be acquired after the preceding levels.

יסוד

Yesod

Sephira (Foundation)

Ninth of the *Sephirot*.

יצירה

Yetsirah

World of formation – of the angels

The third world to unfold is called *Yetsirah*, the world of formation, the world of the angels. It is under *Atsilut* and *Beriah* and above *'Asiah*.

יצר

Yetser

Instinct – Impulse

The *Yetser Hatov* corresponds to the good or positive impulse in man, The *Yetser Hara'* is his bad or negative impulse.

ירושלים

Yerushalaim

Jerusalem

The closest place to G-od's emanations.

ישו"ת

ISOT

Partzufim Israel Saba and Tevunah

Initials

ישו"ת ב

ISOT 2

Second Partsufim of Israel Saba and Tevunah

Initials

כוונה

Kavanah

Intention – Concentration

A first level of praying with *Kavanah* is to understand the words and to concentrate, A second level is to know and concentrate on the permutation and the different names of G-od, their purpose and goal in this particular prayer.

כתב

Ka'HaB

Keter, 'Hokhma, Binah

Initials

כיסא

Kisey

Throne

There are three main types of thrones:

Kisey HaDin - throne of justice

Kisey Hakavod - throne of glory

Kisey Ra'hamim - throne of mercy

כלי

Keli

Recipient – Vessel

Each *Sephira* is composed of a vessel called *Keli*, which holds its part of light called *Or*.

כתר

Keter

Sephira – Crown

First and most important of the *Sephirot*.

כתר, חכמה, בינה

Keter, 'Hokhma, Binah

The three first *Sephirot*, often referred as the *Ga'R*; *Shalosh Rishonot* (the three first ones).

לאה

Leah

Leah - Partsuf Nukva

The configuration *Nukva* comprises two distinct *Partsufim* (configurations): *Ra'hel* and *Leah*. Configuration *Leah* is of the aspect of rigor.

להחמיר

LeHa'hmir

To be more stringent

A strict observance of all the details when accomplishing a *Mitsva* or *Tefilah*.

לוצאטו

Luzzatto

Rabbi Moshe 'Haim Luzzatto – Ram'hal

Born in Padua, Italy in 1707, died in Israel in 1746.

Rabbi Moshe 'Haim Luzzatto was a very prolific writer and wrote on the all aspects of the Torah and the Kabbalah.

לקבל

Lekabel

To receive

The word Kabbalah comes from the verb *Lekabel* (to receive); however, in order to receive it is first necessary to want, and to become a *Keli* (recipient) able to receive and contain this knowledge.

מ"ה

MaH (45)

Miluy (spelling) of the name י-ה-ו-ה with a total of 45

The name of *MaH (45)* is the *Miluyim* (spelling) of א, which is a (ו) (Vav) line in the middle (mercy) that unites two י (Yud) (kindness and rigor). It is of a masculine aspect and represents mercy.

מ"ן

M"ן

Mayin Nukvin (feminine waters)

Initials

מוחין

Mo'hin

Brains

The *Mo'hin* are the directive force given to the *Partzuf* (configuration).

מיין דוכרין

Mayin Dukhrin

Masculine waters

One of two emanations allegorically called masculine waters.

מיין נוקבין

Mayin Nukvin

Feminine waters

One of two emanations allegorically called feminine waters.

מילוי

Miluy

Spelling

Depending on which letters are used, the numerical value of a name changes, and each one of these possibilities becomes different in its nature and actions.

מלאכים

Malakhim

Angels

The world of the angels is the third world - '*Olam Yetsirah* - the world of formation.

מלכות

Malkhut

Sephira (Royalty)

Tenth of the *Sephirot*.

מעשה בראשית

Ma'ase Bereshit

Works or acts of the creation

Name given for all the details of the beginning of creation, from the *Tsimtsum*, the first worlds, the *Sephirot* etc.

מעשה המרקבה

Ma'ase Hamerkava

Works or acts of the Heavenly Chariot

Name given for all the details of the *Sephirot*, *Partzufim*, *Tikunim* and *Zivugim* that make the guidance.

מצוה

Mitsva

Commandment

The *Torah* has 248 positive and 365 negative commandments. Similarly, there are 613 veins and bones in man, 613 parts to the soul, and 613 lights in each *Sephira* or configuration. Each one of the 613 *Mitsvot* corresponds to one of the 613 veins and bones of man and to one of the 613 parts of his soul.

מקובל

Mekubal

Kabbalist - Accepted

A *Mekubal* is a person who is accepted to receive this knowledge, and is able to hold it by living in the path of Torah and rightness to strengthen himself constantly.

מקום

Makom

Place – space

Until the world was created, He and His Name were One. He willed to create, and thus contracted His light to create all beings by giving them a space.

מקור

Makor

Source – Origin

Each emanation has its source in the higher realms

מרקבה

Merkavah

Heavenly chariot

The *Partzufim* (configurations), *Sephirot* and the *Sephirotic* tree, with all their inter-relations, actions, and illuminations.

משל

Mashal

Allegory

Sometimes used to explain or illustrate difficult concepts.

מתלבש

Mitlabesh

Dress

Partzufim dress on, or in, each other. The more important *Partzuf* will dress inside the less important to direct him.

נהי

NeHY

Netsa'h, Hod and Yesod

Initials of the third triplet of the *Sephirot*: *Netsa'h, Hod and Yesod*.

נוטריקון

Notrikun (acronym)

Notrikun is a method of interpretation in which the initials of different words make a new word.

אל מלך נאמן = אמן

נוקבא

Nukva

Feminine - Sephira Malkhut – configurations Ra'hel, Leah

The configuration *Nukva* represents the feminine – the principle of receiving. It comprises two distinct configurations : *Ra'hel* and *Leah*.

ניצוצות

Nitsutsot

Sparks

To sustain the *Kelim* after they broke, 288 sparks of their lights came down as well, because a connection to their original lights was needed to keep them alive.

נמשל

Nimshal

Moral

Sometimes used to explain or illustrate difficult concepts.

נפש

Nefesh

Soul - First level of the soul

Nefesh is the first and lower level of the soul.

נפש, רוח, נשמה, חיה, יחידה

Nefesh, Rua'h, Neshama, 'Haya and Ye'hida

The soul has five names: *Nefesh, Rua'h, Neshama, 'Haya* and *Ye'hida*, which correspond to its five levels.

נצח

Netsa'h

Sephira (splendor)

Seventh of the *Sephirot*.

נקבה

Nekevah

Female – Feminine

Rigor is manifested by all the feminine aspects and by the concealment of the masculine aspects, which represent bounty.

נקודות

Nekudot

Punctuation – Vowels – Points

Each vowel corresponds to a *Sephira*. In a way, It translates, with the combination of the letters, the inner identity of the word.

נר"ן

NaRaN

Nefesh, Rua'h, Neshama

Initials of the first three levels of the soul.

נשמה

Neshama

Soul - Third level of the soul

Neshama is the third level and can be acquired only after acquiring the levels of *Nefesh* and *Rua'h*.

ס"ג

SaG (63)

Miluy (spelling) of the name י-ה-ו-ה with a total of 63

The name of SaG is the second level of the four names for a total of 63.

ס"מ

S"M

initials of the main destructive Angel

סגולה

Segulah

Remedy – Protection

Names or combinations of names of angels with special signs or incantations, written on parchment to protect, or to invoke particular

powers.

סוד - סודות

Sod - ot

Secret –s

Through the knowledge of Kabbalah, we can reach a level of true understanding, and in a way “decode” the profound secrets of the Torah.

סיטרא אחרא

Sitra A'hra

Negative force

The root of the *Sitra A'hra* is in the lack or absence of the *Kedushah*.

ספירה

Sephira

The light of G-d is unique and of equal force and quality. In a way, a *Sephira* is a “filter” that transforms this light into a particular force or attribute, by which the Creator guides the worlds.

ספירות

Sephirot

Plural of Sephira

See *Sephira*

ספירות הישר

Sephirot HaYashar

Straight Sephirot

Sephirot arranged in three columns: right, left and middle, representing the guidance of the world in the manner of Kindness, rigor and mercy.

ספירות העיגולים

Sephirot Ha'Igulim

Encircling Sephirot

These ten *Sephirot* are in charge of the general guidance of the worlds and are not influenced by the actions of men.

ע"ב

'A"V

Miluy (spelling) of the name י-ה-ו-ה with a total of 72

The name 'A"V is the highest level of the four names of 'A"V, SaG, MaH (45) and BaN (52).

עב, סג מה, בן

'A"V, SaG, MaH, BaN

Spellings of the Name י-ה-ו-ה

'A"V (72), SaG (63), MaH (45), BaN (52)

The creative forces or energies are the different powers in the four letters of the name of G-od י-ה-ו-ה, and the various letters added to make their different spellings.

עבודה

'Avodah

Service – Duty

One of the main goals of all the works, deeds and prayers of men in this existence is to help and participate in the ascent of the fallen 288 sparks to their origin.

עולם

'Olam

World

A 'Olam is a possibility and a type of existence in a particular dimension.

עשיה

'Asiah

World of action – of man

The fourth world to unfold is called 'Asiah - action, the world of physical existence.

עשר

'Eser

Ten

Number of *Sephirot* in each world, *Sephira*, *Partzuf* or configuration.

עת

'Et

Time – Moment

Each moment can be described in terms of a permutation of the names of G-od, and by the various *Sephirot and Partzufim*.

עתיק יומין

'Atik Yomin

Partzuf – Ancient

The configuration 'Atik is superior to all the *Partzufim*.

פנימיות

Pnimiut

Internality

What is inside or interior. Also applies to deeper meaning or spirituality.

פרצוף

Partzuf

Configuration - Countenance

A *Partzuf* is a configuration of one or more *Sephirot* acting in coordination.

פרצופים

Partzufim

Configurations

See *Partzuf*

צדיק

Tsadik

Righteous

State of utmost closeness to the *Kedushah* and distance from the *Sitra A'hra* (negative force). Also attributed to the *Sephira Yesod*.

צינור

Tsinor

Conduit

A *Sephira* is, in a way, a "conduit" that transforms the light into a particular force or quality, by which the Creator guides the worlds.

צל"ם

Tselem

Mo'hin (brains) of Z'A

The *Tselem* are the directive force - *Mo'hin* (brains) given to Z'A.

צמצום

Tsimtsum

Contraction – Retraction

The "*Tsimtsum*" is the first act of the *Ein Sof* (Infinite) in the creation. It is the retraction of His light from a certain space and encircling it, so as to reduce its intensity and allow created beings to exist.

קבלה

Kabbalah

The Kabbalah is the mystical and esoteric explanation of the Torah. It teaches the

unfolding of the worlds, the various ways of guidance of these worlds, the role of man in the creation, the will of the Creator and so on. It comprises of numerous other sciences as: astrology, cosmology, *Gematria*, metaphysics, demonology, physiognomy, palmistry, healing, alchemy, reincarnation, exorcism, prophecy etc.

קבלה מעשית

Kabbalah Ma'asit

Practical Kabbalah

The "other" type of Kabbalah, where names or combinations of names of angels are used with special signs or incantations, to invoke particular powers and alter normal states of events.

קדוש

Kadosh

Holly – Sainly

State of closeness to the *Kedushah* and distance from the *Sitra A'hra* (negative force).

קדוש ברוך הוא

Kadosh Barukh Hu

Sainly and Blessed He is

One of the names of G-od.

קדושה

Kedushah

Sanctity – Holiness

By accomplishing the *Mitsvot* and by the prayers, men do the *Tikunim* (rectifications) necessary to detach the *Klipot* from the *Kedushah*. The ultimate goal is to create a maximum distance from the negative force, and closeness to the *Kedushah*.

קו

Kav

Ray – Line

Ray of light that emerged from the *Ein Sof* (infinite) and entered on one side of the vacant space after the *Tsimtsum*.

קודשא בריך הוא

Kudsha Berikh Hu

Sainly and Blessed He is

קליפות

Klipot

Husks (negative forces)

The *Klipot* are the manifestation of the negative force.

קלקול

Kilkul

Deterioration – Damage

Kilkul is the opposite of *Tikun* (rectification).

קמיע

Kmi'a

Amulet

Names, or combinations of names of angels, with special signs, written on parchment to protect or to invoke particular powers.

רוח

Rua'h

Soul - Second level of the soul

Rua'h is the second level and is acquired before the next levels.

רוחני

Ru'hani

Spiritual

A spiritual person will give importance to the higher meaning of things, and live in the path of rightness to strengthen himself constantly.

רחל

Ra'hel

Ra'hel - configuration Nukvah

Configuration *Ra'hel* is of the aspect of kindness.

רמח"ל

Ramhal

Initials of Rabbi Moshe 'Haim Luzzatto

רע

Ra'

Evil – Bad

See *Sitra A'hra*

רפ"ח נצוצות

Rapa'h Nitsutsot

288 sparks

See *Nitsutsot*

רצון להשפיע

Ratson Lehashpia'

Will to bestow

The will of the Creator is to bestow goodness on His creatures.

רצון לקבל

Ratson Lekabel

Desire to receive

By his nature, man is himself a *Keli* (recipient) with a will to receive without limits.

רשימו

Reshimu

Imprint – trace

Imprint of the first light that remained inside. Everything is contained in potentiality in this imprint. Nothing could come to existence without having its origin in it.

שבירת הכלים

Shvirat HaKelim

Breaking of the vessels

Important damage caused by the seven lower *Sephirot* that could not hold the influx of their lights and subsequently broke.

שבת

Shabbat

The seventh day, *Shabbat* corresponds to the seventh *Sephira Malkhut*.

שורש

Shoresh

Root

Everything in existence has its root in the upper realms.

שכינה

Shekhina

Divine presence

One of the names of G-od.

שכר

Sakhar

Reward

The variable guidance is on the basis of justice, reward and punishment and is dependant on the actions of man. This guidance is by the linear *Sephirot*.

שער

Sha'ar

Gate – Portal

Entrance to a dimension. Gate to enter a knowledge.

תא חזא

Ta 'Haze

Come see (pay attention)

Expression frequently used in the *Zohar*.

תורה

Torah

The Kabbalah is the mystical and esoteric explanation of the Torah. All the profound secrets explained in the Kabbalah, are alluded to in the letters, words and different stories narrated in the Torah.

תחית המתים

T'hiyat ha Metim

Resurrection of the dead

Final goal of the six thousand years.

תיקון

Tikun

Rectification or action

In Hebrew, the word "*Tikun*" has different meanings. It can be understood as reparation or rectification but also as function, relation or action.

תפארת

Tiferet

Sephira (beauty)

Sixth of the *Sephirot*.

תפילה

Tefilah

Prayer

The order of the prayers is based on the systems of ascension of the

worlds, as explained in the Kabbalah. The purpose of this ascension of the worlds is to provoke a union between the masculine and feminine configurations of each world, that they might bestow positive energies as a result of this harmony. At this level of comprehension, we understand that our prayers have a direct influence on the superior worlds, and on their guidance.

תפילות

Tefilot

Prayers

תרי"ג

Taryag

613

There are 613 veins and bones in man. Similarly, there are 613 *Mitsvot*, 613 parts to the soul, and 613 lights in each *Sephira* or configuration. This number is not arbitrary, as there are important interrelations and interactions between them.